

CENTRAL BOARD OF STUDIES
(PSYCHOLOGY)

प्रति,

कुलसचिव,
पं. रविशंकर शुक्ल वि. वि.
रायपुर

विषय: मनोविज्ञान केंद्रीय अध्ययन मंडल की बैठक एवं पाठ्यक्रम का प्रेषण, दिनांक 26/05/2022

सन्दर्भ: आपका पत्र क्र.6340/पाठ्यक्रम/अका./2022, दिनांक 4/05/2022

महोदय,

विषयान्तर्गत विनम्र लेख है कि संदर्भित पत्र अंतर्गत आपके निर्देशानुसार पाठ्यक्रम (मनोविज्ञान) आपकी ओर प्रेषित है।

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सादर धन्यवाद.

Professor
School of Studies in Psychology
Pt. Ravishankar Shukla University
RAIPUR (C.G.)

UNIT-4 Learning and Memory: Classical and Operant Conditioning- Basic Processes: Verbal and Observational Learning: Memory: Sensory Memory (S.M.). Short-Term Memory (S.T.M.) and Long - term Memory (LTM.); Forgetting: Process and Theories. 1/2 Credit

UNIT-5 Cognitive and Non-Cognitive Processes: Intelligence: Nature and Types. Motivation: Biogenic and Sociogenic Motives: Personality: Nature and Determinants: Approaches to study Personality: Trait and Type, Approaches: Assessment of personality. Reasoning- Inductive and Deductive Reasoning, Problem Solving. 1/2 Credit

Books Recommended-

1. सिंहअरुणकुमारसामान्यमनोविज्ञानबनारसप्रकाशन
2. वर्माप्रीतिआधुनिकसामान्यमनोविज्ञान
3. Baron, R.A. & Byrne, D. A. Understanding Behavior, Tokyo: Halt Sounders.
4. Zimbardo, P.G. Psychology. New York: Haper Collings College publisher.
5. Lefton, L. A. (1985) Psychology. Bosten-Allyn Publisher.
6. Walser, A.L. (1997)

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PSYCHOPATHOLOGY (Paper Code-0120) M.M.:50

1/2 Credit

Books Recommended-

1. Lamm, A. (1997). Introduction to Psychopathology. NY: Sage
2. Buss, A. H.(999). Psychopathology, NY: John Wiley
3. सिंह एवं तिवारी। असामान्य मनोविज्ञान। आगरा विनोद पुस्तक भंडार।
4. कपिल एच. के. असमान मनोविज्ञान। आगरा हर प्रसाद।

B. A.I

PSYCHOLOGY

PAPER- III

PRACTIUM

M.M.:50

Note: This paper consists of two parts

Part-A

- (a) Comprises of Laboratory Experiments
- (b) Comprises of Psychological **Testing** and understanding of self and other
- (a) Experiments- (Any Four of the following)
 - (i) Effect of Set on Perception
 - (ii) Effect of Frustration on Performance.
 - (iii) Division of Attention
 - (iv) Problem Solving
 - (v) Proactive Inhibition
 - (vi) STM
 - (vii) Concept Formation
 - (viii) Muller Lyer Illusion

Part-B

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b) Psychological Tests (Any four of the following)

- i) Verbal Nonverbal Intelligence Test/ Performance Tests.
- (ii) Big Five Factor Personality Test
- (iii) Happiness Scale
- (iv) Emotional Intelligence
- (v) Achievement Motivation

EXPERIMENT AND TEST 1 CREDIT

Part-C

Workshop/Value Added Personality Development- 30 Hours.

Anecdotal Record: Each student will be required to observe the behavior of pupil in different setting and select an anecdote to understand, Judge and narrate it as objectively as possible, so as to reveal his/ her psychological insight existing in that anecdotal behavior. This record constitutes a part of psychological assessment of the students. Introduction to the measures of central tendency and graphical presentation of the ungrouped data.

Distribution of Marks

- A. Conduction of Psychological Experiment and Reporting -10 Marks
- B. Administration of one Psychological Test and Reporting-10 Marks
- C. Evaluation of Practical notebook and Anecdotal record-10 Marks
- D. Viva-Voce -10 Marks
- E. Workshop/Value Added - 10 Marks

Note: No candidate will be allowed to appear in the practical examination unless his /her day-to-day practical work and the report are found satisfactory -1 Credit

Books Recommended:

Choubey. A. (2015). Psycho-lab- Experiment and Test. Raipur Vaibhav Praksha

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PSYCHOLOGY

Paper	Paper Title	Max. Marks	Mini. Pass Marks	Duration of Exam Time
I	Social Psychology	50	17	3Hrs
II	Psychological Assessment	50	17	3Hrs
III	Practicum	50	17	3Hrs

Paper - I: Social Psychology

Note: This Paper Consist of five units. From each unit 2 question will be asked and the examinee would be required to attempt one from each unit.

Unit – 1 Social Psychology : Nature, Goal, Scope and History of Social Psychology. **Methods of Social Psychology :** Experimental, Survey, Interview, Observation, Sociometry, Internet Research. **Approaches to the Study of Social Behaviour :** Psychoanalytic, Cognitive, Learning , Motivational and Sociocultural.

1 Credit

Unit – 2 Social Perception : Perception of self and others, Self-Concept And Self Esteem
Impression Formation And Its Determinants, Impression Management. Attribution
Nature and Theories **Prosocial Behaviour :** Co-Operation and Helping Behaviour,
Personal, Situational and Socio-Cultural Determinants of Helping Behaviour.

1 Credit

Unit – 3 Stereotypes and Discrimination: Nature, Characteristics, functions and Causes. Social Stigma related to Covid Pandemic. Impact of social isolation on Psychological and Physical wellbeing. **Prejudice:** nature, Characteristics, types causes and methods of reducing prejudice. **Attitudes:** nature, Characteristics, change, development, functions, and measurements.

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1 Credit

Unit – 4 Group Behaviour: Meaning of Group, Basic Aspects, Classification and Functions: **Group Influence:** Social Facilitation, Conformity, Peer Pressure, Cohesiveness, Compliance Obedience Group Norms. **Mass Media:** Impact Of TV and Fostering Value through IT and Mass Media. **Leadership:** Nature, Traits, Emergence, Types, Characteristics and Functions.

1/2 Credit

Unit – 5 Social Issues: Aggression: determinants, prevention and control. **Issues of Gender:** Gender Discrimination, Psychosocial Consideration. Women and Indian Society, **Social Suffering:** Child Abuse & Domestic Violence, Cyber Crime, Human trafficking. Immigration.

1/2 Credit

Books Recommended:

सिंह अरुण कुमार – समाज मनोविज्ञान की रूपरेखा, मोतीलाल बनारसी दास प्रकाशन.

मिश्रा, जी. जैन– समाज मनोविज्ञान के मूल आधार मध्यप्रदेश हिन्दी ग्रन्थ अकादमी

त्रिपाठी लालबचन – समाज मनोविज्ञान की रूपरेखा, हरप्रसाद भार्गव।

Boron R.A. & Byrne Social Psychology New Delhi : Prentice second, P.F. & Backman,

C.W. (1994) – Social Psychology Magraw- Hill.

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Paper - II: Psychological Assessment

Note: This Paper Consist of five units. From each unit 2 question will be asked and the examinee would be required to attempt one from each unit.

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|----------|--|
| Unit – 1 | <p>Psychological Assessment: Historical perspectives concerning the nature, Concept and meaning of assessment. Difference between physical and psychological assessment, levels of assessment, barriers to psychological assessment.</p> <p style="text-align: right;"><u>1Credit</u></p> |
| Unit – 2 | <p>Psychological Test: Concept, Characteristics, Types, Standardized and Non-Standardized, Group, Performance and Verbal, uses of Psychological Tests. Test Bias, Ethics and the Future of Psychological Testing.</p> <p style="text-align: right;"><u>1Credit</u></p> |
| Unit – 3 | <p>Test Construction: Steps in test construction, Item analysis, Item writing. Reliability: test-retest, split-half, factors affecting reliability, Validity : Content and predictive, factor affecting validity. Norm-age and grade.</p> <p style="text-align: right;"><u>1Credit</u></p> |
| Unit – 4 | <p>Cognitive and Non cognitive Test: Cognitive test - Theories of intelligence, individual intelligence test: The Binet Scale, The Wechsler Intelligence Scale. Measurement of Multiple intelligence, fluid intelligence and crystallized intelligence, Aptitude, Achievement testing. Non cognitive : Personality assessment: Personality inventories and Big Five personality test, projective test. Interest and Value testing. Neuropsychological Assessment.</p> <p style="text-align: right;"><u>½ Credit</u></p> |
| Unit – 5 | <p>Psychological Testing in applied aspects of life: Educational, Occupational ,Sports ,Therapeutic Counselling, Defence, Social, Health and Organization. Ethical and legal consideration. <u>½ credit</u></p> |

½ Credit

Unit – 5 **Psychological Testing in applied aspects of life:** Educational, Occupational, Sports, Therapeutic Counselling, Defence, Social, Health and Organization. Ethical and legal consideration. *1/2 credit*

1/2 credit

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Books Recommended:

1. Anastasi (1997) Psychological Testing, Newyork, McGraw Hill
2. Ciminero, A.R. (1986) Handbook of Behavioural Assessment, New York: John Willey.
3. Jesus, E., & Caparas, M.V. (2007). Psychological Assessment: Theory & Practice Philippines.
4. Kaplan, R.M. & Saccuzzo, D. (2011). Psychological testing: Principles, Application, and issues.
5. Munarriiz, N.J. & Swerdiik, M.E. Psychological Testing in the philippines: Practicee, Directions and Perspective.
6. महेश भागवत: मनोवैज्ञानिक परीक्षण एवं मापन

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AB

PSYCHOLOGY PRACTICAL

This paper carries 50 Marks. It has two parts of equal marks. Part A comprises of laboratory experiments and psychological testing, while part B is devoted to field work, case studies and content analysis. It is must for students to develop psychological test with the help of concern subject teachers for doing field work.. Field work is based on current social and psychological emerging issues.

Part A: Note: Conduction of any 4 experiments and administration of any 4 psychological tests of the following is compulsory.

Experiments :

1. Social Conformity
2. Social facilitation
3. Stereotypes
4. Halo Effect
5. Effect of Cognitive Dissonance on attitude change
6. False Consensus Effect
7. Effect of Communicator's Credibility on Suggestibility

PART B - Tests

- (i) Family Environmental scale
- (ii) Sibling Rivalry
- (iii) Parent Child Relationship Scales
- (iv) Sex Role Inventory
- (v) Social Preference And Social Behaviour Inventory
- (vi) Social Maturity Scale
- (vii) Vocational Interest
- (viii) Attitude Scale

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EXPERIMENTS AND TEST 1 CREDIT

Part C. Field Work, Case studies and Content Analysis

Each student will be required to visit hospital / industrial organization / educational institution, NGOS, old age home, special schools for children etc. Google based Survey

Content analysis of media chats as a part of project work under departmental supervision with an observation report, revealing his/her psychological insight.

Distribution of Marks:

- | | |
|---|------------|
| A. Conduction of psychological experiments and reporting | - 10 marks |
| B. Administration of one psychological test and reporting | -10 marks |
| C. Field work / Content Analysis | 10 marks |
| D. Viva- voce | -10 marks |
| E. Survey | -10 marks |

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Psychology

Paper	Name of the Paper	Max. Marks	Duration
I	Psychological Statistics	50	3hrs.
II	Human Development/ Environmental Psychology	50	3hrs.
III	Practical	50	4hrs

Paper I

PSYCHOLOGICAL STATISTICS (Paper Code-0250)

Note: This paper consists of five units. From each unit a minimum of two questions would be set and the candidates would be required to attempt one from the each unit

Unit I-Statistics- Meaning and Application in psychology, Nature of Score Categorical and Continuous variables, Frequency Distribution, Graphic Representation of data.

1 Credit

Unit II –Measures of Central Tendency-Mean, Median and Mode of grouped and ungrouped data, Measure of Variability, Range, Average Deviation (A.D.), Quartile Deviation (Q.D.), and Standard Deviation (S.D.) Application of the measures of central tendency and variability.

1 Credit

Unit III- Nature and Characteristics of Normal Probability Curve (NPC). The concept of Skewness and Kurtosis, Correlation –Concept, Types and Methods –Rank Difference and Product Moment (in ungrouped data).

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Unit IV- Inferential Statistics: Concept of Null Hypothesis, Level of Significance, Type-I Error and Ty

t-test (for uncorrelated data), ANOVA, MANOVA.

½ Credit

Unit V- Regression, Use of Computer in Statistics, Use of SPSS.

½ Credit

Books Recommended-

1. Garret, Statistics in Psychology and Education. Times of India Publisher.

2. कपिल एच. के. सांख्यिकी के मूल तत्व

3. गैरेट मनोविज्ञान एवं शिक्षा में सांख्यिकी

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Psychology

PAPER-II (OPTIONAL)

(B)ENVIRONMENTAL PSYCHOLOGY (Paper Code -025)

Note: This paper consists of five units. From each unit a minimum of two questions would be set and the candidates would be required to attempt one from the each unit.

Unit-I. Nature and scope of Environmental Psychology. Earth as a Living System. Psychological Approaches to the Environment Eco Cultural Psychology (Berry). Bio- social Psychology (Dawson), Ecological psychology (Berkar) and Person Environment Transactions (Sokols, Itleson ect.)

1 Credit

Unit II. Effects of Environment on Behavior- Noise Pollution, Chemical Pollution, Crowding and Personal Space; Effect of Behavior on Environment: Ecological views of Psychological issues.

1 Credit

Unit III- Environment and quality of life. Participatory Design, Designing Sustainable cities. Crime Prevention through Environmental Design. Designing Educational Environments and Environments for Children. Designing Health Environments for Industrial/ Organizations.

1 Credit

Unit IV- Methods: Naturalistic Observation and Field Surveys: GIS, Behavior mapping, Environmental Assessment: Naturalistic Observation and Field Surveys; Socio- psychological Dimensions of Environmental Impact; Environmental Deprivation: Nature and Consequences; Creating Environmental Awareness: Social Movements: Chipko, Tehri and Narmada Bachao.

1/2 Credit

Unit-V. Human Behaviour in the Face of Risks. Risk Awareness and Resilience. Interventions in Human Habits: Acceptance and the Nimbyism: Finding the Right Balance for the Common Good. Creating Environmental Awareness Social Movements, Environment Act.

1/2 Credit

Books Recommended-

1. Goldsmith, E. (1991). The way: The Ecological world. Boston: Shambhala.
2. Jain, U. (1987). The Psychological Consequences of Crowding: New Delhi Sage

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3. Mishra, R.C., Sinha, D. & Berry, J.W. (1996). Ecology, Community and Life style. New Delhi.

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BA III Year

Psychology

Human Development

Note: This paper consists of five units. From each unit a minimum of two questions would be set and the candidates would be required to attempt one from the each unit

Unit I- The concept of Human Development. Determinants of Human Development. Psychoanalytical and Maslow's Humanistic. Determinants: Biological, Social and Cultural approaches to Study Human Development. Longitudinal and Cross sectional.

1 Credit

Unit-II. Socialization- Role of Family, Peers and School, Media and Socialization. Cognitive Development- Theoretical Perspectives Piaget, Information Processing Model, Vygotsky.

1 Credit

Unit III - Self -Concept -Meaning and Definition, Types of Self Concept, Development of Self Concept Cognitive, Social and Cultural influence on Self Concept .

1 Credit

Unit IV- Moral Development- Definition and Stages of Moral Development. Importance of Values in Moral Development. Theory of Moral Development Kohlberg, Sequential Development of Emotion

1/2 Credit

Unit V- Problems of Aging, Cognitive, Conative and Affective. Factors Influencing Aging, Biological, Psychological, Social and Occupational Factors.

1/2 Credit

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Books Recommended-

1. Berk L.E (1989). Child development, Boston: Allyn and Bacon.
2. Santrock, J. W. (1999). Life Span Development, New York.
3. Hurlock E.B. (1997) Developmental Psychology: A Life Span approach. v. edition.

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PSYCHOLOGY

PAPER- III

PRACTICUM

M.M.:50

Note: This paper consists of three parts:

Part-A

- (a) Comprises of Laboratory Experiments.
- (b) Comprises of psychological Testing and understanding of self and others.
- (a) Experiments (Any four of the following):-
 - 1. Habit Interference.
 - 2. Effect of Need priority on Selection of advertising material.
 - 3. Effect of Mental fatigue on Performance.
 - 4. Reaction Time.
 - 5. Effect of Frustration on Learning.

PART B

Psychological Tests (Any four of the following):-

- 1. Level of Aspiration.
- 2. Need for Guidance.
- 3. Maturity Scale.
- 4. Classroom Environment Scale.
- 5. Mental Health.
- 6. Test of Moral Values.

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Part- C

Test Construction – 7 Day Workshop

Pilot Study

Report Writing

Distribution of Marks

Conduction of Experiment -	10 marks
Administration of test -	10 marks
Test Construction	10 marks
Evaluation of Project Report	10 marks
Viva - Voce -	10 marks

1 Credit

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B.A. IV Year

Paper I

Research Methodology

Note: This paper consists of five units. From each unit a minimum of two questions would be set and the candidates would be required to attempt one from the each unit

Unit-1 Meaning and Aspect of Research- Introduction to Research, Basic tenets of Qualitative and Quantitative Research, Relevance of Methodology- Observation and Case Study, Interview.

1 Credit

UNIT-2 Sampling and Field Research Design- Type of Sampling, Selecting topics for research, Pure versus applied research; Literature review: International, National; Units of analysis: Concept, Problem, hypotheses, Variables Stages of research; Type of research design with suitable examples.

1 Credit

UNIT-3.Qualitative and Quantitative Research- Similarities and differences between qualitative and quantitative data analysis; Methods of qualitative and quantitative data analysis; Hypotheses testing.

1 Credit

UNIT-4 Data Collection and Analysis- Data and data sources: Primary and secondary data sources; Need and collection of primary data.Limitations of secondary data. Concept of survey; Construction of questionnaire; wording of questions; open and closed response categories; response category format, Mailed questionnaire; factors affecting mail surveys, Basic Statistics: importance of statistical data- graphical presentation, frequency distribution, Measures of central tendency, measures of dispersion.

1/2 Credit

UNIT-5 Ethics in Social Research- Ethics in research, ethics and the scientific community, ethics and the sponsors of research; ethical issues involving human subjects-harm, deception, informed consent special populations and new inequalities; privacy, anonymity and confidentiality, making ethical decisions. The politics of research: limits on research.

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dissemination of research findings; The uses of research: science and society. Indian case
1/2 Credit

Paper II

Dissertation/ Field Work

1 Credit

Book Recommended:

Brooker K. D. (1992) Experimental design in Psychological research New
Willey Eastern.

Edwards A. K. (1976) Experimental design in Psychological Research -
New York - Hall.

Meghuan F. J. (1990). Experimental Psychology: Methods of Research
New Delhi - Prentice Hall.

Kerlinger F. N. (1973) Foundations of Behavioural research.
New Delhi.

Surjeet Singh A. K. Manovigyan Samayaskasta tatha shiksha me
Shodh Vidhiya.


The bottom of the page contains several handwritten signatures and dates. From left to right: a signature, a signature with a diagonal line, a signature, a signature, a signature, a signature, and a signature with the date '26.5.22' written twice.